



# COLOUR YOUR DAY

GOURMET SMOOTHIES • 16 OZ



**GREEN GODDESS** 9.50

Pineapple, banana, mango, spinach, kale, sea moss, flax seeds & orange juice.



**VERY BERRY** 9

Açaí berry, raspberry, blueberry, strawberry, blackberry, chia seeds & house-made kombucha.



**RESILIENCE** 9.50

Mango, pineapple, fresh ginger, turmeric, MCT oil, agave & carrot juice.



**NUTTY & NICE** 9

Strawberry, banana, almond butter, flax seeds & milk.



**BERRY DEFENDER** 9.50

Blueberry, strawberry, raspberry, blackberry, oats, chia seeds, pea protein, agave & milk.



**FOCUSED ENERGY** 11

Espresso, cocoa, chai, banana, cashews, MCT oil, pea protein, agave & milk.



**GROUND BY NATURE** 9.50

Spinach, apple, butternut squash, cinnamon, nutmeg, MCT oil, agave & milk.



**THE BLUES** 9

Blue spirulina, banana, mango, pineapple, orange, agave & milk.



**STRAWBERRY SUNSET** 9

Strawberry, pineapple, banana, dates & milk.



**MATCHA MAGIC** 10

Kale, spinach, mango, dates, pineapple, banana, matcha & milk.



**PINK SKY** 9

Dragon fruit, mango, strawberry, pineapple, agave & milk.



**TROPICAL** 9

Banana, mango, pineapple, orange, chia seeds, agave & house-made kombucha.



**CREAMSICLE** 10.50

Banana, mango, pineapple, agave, pea protein, hemp seeds, MCT oil, carrot juice & orange juice.



**STRAWBERRY OATS** 9

Strawberry, oats, chia seeds, hemp seeds, cinnamon, organic maple syrup, pea protein & milk.



**MAPLE OATS** 9

Banana, oats, chia seeds, hemp seeds, cinnamon, organic maple syrup, pea protein & milk.



LIFE'S TOO SHORT FOR BORING BLENDS. WE BRING THE COLOUR, THE FLAVOUR, AND THE VIBES. NO FILTER NEEDED.



# BREW-TIFUL SIPS

ICED ESPRESSO & MATCHA CREATIONS • 16 OZ • \$7.25



## STRAWBERRY BLOOM

Ceremonial matcha, strawberry purée, PMK Cloud & milk.



## BLUEBERRY BLISS

Ceremonial matcha, blueberry purée, PMK cloud & milk.



## UBE ISLAND

Ceremonial matcha, ube cloud, toasted coconut & coconut milk.



## PINK MILK

Ceremonial matcha, dragonfruit purée, PMK cloud & milk.



## PINEAPPLE ZEN

Ceremonial matcha, pineapple-ginger purée, pineapple-ginger cloud & milk.



## SALTY DATE

Ceremonial matcha, date purée, PMK cloud, sea salt & milk.



## BLUE AURA

Ceremonial matcha, blue spirulina cloud, vanilla syrup & milk.

## MATCHA OR ESPRESSO DRINKS



## BANANA BREAD

Ceremonial matcha or organic espresso, pumpkin spice syrup, banana cloud, cinnamon & milk.



## VANILLA SKY

Ceremonial matcha or organic espresso, PMK cloud, vanilla syrup & milk.



## BUTTERED PECAN

Ceremonial matcha or organic espresso, buttered pecan syrup, pecan bits, PMK cloud & milk.



## GOLDEN PISTACHIO

Ceremonial matcha or organic espresso, tahini cloud, pistachio syrup & milk.



**MILK IT YOUR WAY  
(WE SUPPORT YOUR DECISIONS)**

**MILK OPTIONS:  
OAT • ALMOND • SOY • COCONUT**

**CHOICE OF MILK FOR  
ANY OF OUR GOURMET BEVERAGES**