



# GOURMET SMOOTHIES

Gourmet smoothies, reimagined. Bold flavors and  
premium ingredients in every sip



# BERRY DEFENDER12

Blueberries, Banana, Oats, Chia Seeds, Pea Protein, Agave and Oat Milk or Soy Milk.



# RESILIENCE11

Mango, Pineapple, Fresh Ginger, Tumeric, MCT Oil, Agave and Carrot Juice.



# TROPICAL9.50

Banana, Mango, Pineapple, Orange, Chia Seeds, Agave and House-made Kombucha.



# NUTTY & NICE9.50

Strawberry, Banana, Almond Butter, Flax Seeds, Hemp Seeds and Oat Milk or Soy Milk.

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## NON-ALCOHOLIC BEVERAGES

AMERICANO (ORGANIC)	4
BREWED COFFEE (ORGANIC)	3.50
ICED COFFEE	3.50
LATTE	5.50
CAPPUCINO	5.50



# THE BLUES12

Blue Spirulina, Banana, Pineapple, Mango, Agave and Oat Milk or Soy Milk.



# FOCUSED ENERGY12

Espresso, Cocoa, Banana, Almond Butter, MCT Oil, Pea Protein, Agave and Oat Milk or Soy Milk.



# STRAWBERRY SUNSET9

Strawberry, Pineapple, Banana, Agave and Oat Milk or Soy Milk.

## SUPERFOOD ADD-ONS

PEA PROTEIN	1.00	BLUE	1.50
SEA MOSS	1.00	SPIRULINA	
MATCHA	1.00	CHIA SEEDS	.50
CHAGA	1.20	CORDYCEPS	1.20

## NON-ALCOHOLIC BEVERAGES

FRESH LEMONADE	4
LAVENDAR LEMONADE	5.50
BLUE DELTA LEMONADE	5.50
BOOCH CANS	6.50
Ginger, Raspberry Lemonade & Strawberry Apple	