



GOURMET SMOOTHIES

Gourmet smoothies, reimagined. Bold flavors and premium ingredients in every sip



BERRY DEFENDER 11

Blueberries, Banana, Oats, Chia Seeds, Pea Protein, Agave and Oat Milk or Soy Milk.



RESILIENCE 11

Mango, Pineapple, Fresh Ginger, Turmeric, MCT Oil and Carrot Juice.



TROPICAL 9.50

Banana, Mango, Pineapple, Orange, Chia Seeds, Agave and House-made Kombucha.



NUTTY & NICE 9.50

Strawberry, Banana, Almond Butter, Flax Seeds and Oat Milk or Soy Milk.



THE BLUES 12

Blue Spirulina, Banana, Pineapple, Mango, Agave and Oat Milk or Soy Milk.



FOCUSED ENERGY 12

Espresso, Cocoa, Banana, Almond Butter, MCT Oil, Pea Protein, Agave and Oat Milk or Soy Milk.



STRAWBERRY SUNSET 9

Strawberry, Pineapple, Banana, Agave and Oat Milk or Soy Milk.

SUPERFOOD ADD-ONS

PEA PROTEIN	1.00	BLUE SPIRULINA	1.50
SEA MOSS	1.00	CHIA SEEDS	
MATCHA	1.00	CORDYCEPS	.50
DATES	2.00		1.20
LION'S MANE	1.20		



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VERY BERRY

9

Acai Berry, Banana, Blueberry, Strawberry, Chia Seeds with House-made Kombucha



MATCHA MAGIC

12

Kale, Spinach, Mango, Pineapple, Banana, Matcha and Oat Milk.



THE REJUVINATOR

12

Strawberry, Banana, Dates, Chia Seeds, Sea Moss and Oat Milk or Soy Milk.



PINEAPPLE EXPRESS

12

Pineapple, Banana, Kale, Flax Seeds, MCT Oil, Sea Moss and Soy or Oat Milk.



GREEN GODDESS

11

Pineapple, Banana, Mango, Spinach, Kale, Sea Moss, Flax Seeds and Orange Juice



MAPLE OATS

11

Banana, Oats, Chia Seeds, Blended Hemp Seeds, Cinamon, Maple Syrup, Pea Protein and Oat Milk or Soy Milk.



PINK SKY

10

Dragon fruit, Mango, Strawberry, Pineapple, Agave and Oat Milk

SUPERFOOD ADD-ONS

ALMOND	1.00	CREATINE	1.00
BUTTER		MCT OIL	1.00
RAW CASHEW	2.00	FLAX SEEDS	1.00
HEMP SEEDS	1.00	CHAGA	1.20