

LUNCH

Monday to Saturday until 4 pm



Apps & Shareables

SOUP OF THE DAY | 7

Ask your Server for Details.

DIP TRIO | 12

Fire-Roasted Red Pepper Chutney, Smoked Tofu Pâté and Poached Garlic with House-Made Crostini.

TAQUITOS | 12

Black Beans, Chipotle Cream Cheese, Shredded Cheddar, Corn, Peppers, Onions, Sour Cream & Chipotle Aioli Dipping Sauces.

MARGHERITA FLATBREAD | 16

Pesto, Fresh Tomatoes, Basil & Buffalo Mozzarella Drizzled with Extra Virgin Olive Oil.

Salads

Add Extra Protein: Seared Smoked Tofu, Crispy Breaded Tofu or Maple Glazed Tempeh Strips +3



PMK WINTER SALAD | 18

Blue Cheese, Toasted Pepitas, Cranberries, Garlic Croutons, House-Sprouted Mung Beans, Heritage Greens, Tomato, Cucumber & Carrot, Red Onion, Hemp Hearts, Cinnamon Toasted Cashews, Roasted Pear Vinaigrette.



CAESAR SALAD | 12

Romaine, Tempeh Bits, Parmesan Cheese, Caesar Dressing.



THE WORTLEY COBB | 18

Smoked Tofu, Smoked Cheddar, JUST Egg Ribbons, Romaine, Tempeh Bits, Avocado, Tomato, Cucumber & Green Onion, House-Made Ranch Dressing.

Bowls

Add Extra Protein: Seared Smoked Tofu, Crispy Breaded Tofu or Maple Glazed Tempeh Strips +3

FARRO & FIG | 19

Kale, Sweet Potato, Farro, Pickled Beets, Granny Smith Apples, Navy Beans, Pumpkin Seeds, Candied Cashews, Fig Dressing.

SWEET CHILI CHIKUN | 17

Roasted Potatoes, Creamy Coleslaw, Sweet Chili Crispy Chikun Strips, Smoked Cheddar, Tomatoes, Green Onions, Sour Cream and BBQ Sauce.

Bowls are continued on the next page.

MAC & CHEESE | 12

Creamy PMK Cheese Sauce, Parmesan, Green Onions, Tender Noodles. *Gluten-Free +2*

CHIPOTLE MAC | 16

Creamy PMK Cheese Sauce, Chipotle Adobo, Sour Cream, Onion, Mushrooms, Parmesan, Green Onions, Tender Noodles. *Gluten-Free +2*

Burgers & Sandwiches

All Burgers & Sandwiches come with your choice of House Salad, Caesar Salad, Soup or Potato Wedges. Gluten-Free +2

TOFU KATSU SANDO | 16

Crispy Tofu Steak, Sesame Slaw, Katsu Sauce, Lemon Aioli, Bakery Bun.

BUFFALO CAESAR WRAP | 17

Crispy Breaded Tofu, Romaine, Tempeh Bits, Parmesan, Buffalo Hot Sauce, Caesar Dressing, Flour Tortilla Wrap.

MUFFALETTA | 16

Roasted Vegetables, Mozzarella, Pesto, Sun-Dried Tomato Aioli and Kalamata Olives on Focaccia Bread.

THE SANTA FE | 17

PMK Bean Burger, Avocado, Chipotle Aioli, Southwest Corn Succotash, Cabbage Slaw, Pickled Jalapeños, Bakery Bun.

CHIKUN RANCH WRAP | 17

Beyond Chikun Strips, Ranch, Lettuce, Tempeh Bits, Tomato, Cheddar Cheese.

PMK BEYOND BURGER | 18

Herbed Goat Cheese, Red Pepper Chutney, Lemon Aioli, Artisanal Greens, Tomato & Caramelized Onions, Bakery Bun.

THE IMPOSSIBLE | 19

Sliced Cheese, Mushrooms, Onions, Mac Sauce & Pickles, Bakery Bun.

Additional Sides

Maple Glazed Tempeh Strips | 3

Seared Smoked Tofu | 3

Crispy Breaded Tofu | 3

Avocado | 3

Beyond Sausage | 5

Potato Wedges | 4

Side Sauce/Dressing | 1

Side Gravy | 2

*Please notify your server of any allergies or sensitivities.
An 18% gratuity will be added to tables of 8 or more people.*