

# KIDS MENU

PLANT  
MATTER  
KITCHEN

organic | vegan | local | quality | fresh | healthy | plant-based | sustainable | eco-conscious | community-focused | delicious

available 7 days a week

## BOWTIE PASTA 10

with choice of tomato sauce, alfredo, or plain with butter  
available gluten-free

## BURGER 10

choice of beet & black bean patty, or chickpea  
and mushroom patty. Served with lettuce, tomato,  
hummus. | nut-free | available gluten-free

## MAC & CHEESE 10

nut-free | available gluten-free

## PIZZA 10

tomato sauce and mozzarella | available gluten-free

## 1 PIECE "ISH" & CHIPS 10

served with tartar sauce  
nut-free | gluten-free

## ALL MEALS INCLUDE A CHOICE OF SIDE:

CHIPS | gluten-free  
CAESAR SALAD | gluten-free | nut-free  
HOUSE SALAD | gluten-free | nut-free | soy-free  
POTATO WEDGES | gluten-free | nut-free | soy-free

## KIDS BREAKFAST\*

\* AVAILABLE SATURDAYS  
9:30-NOON & SUNDAYS

### MINI WORTLEY BREAKFAST 8

tofu scramble, potatoes, tempeh  
strips, toast

nut-free | available gluten-free

### KIDS PANCAKE 8

berry compote, maple syrup, powdered  
sugar, coconut whipped cream

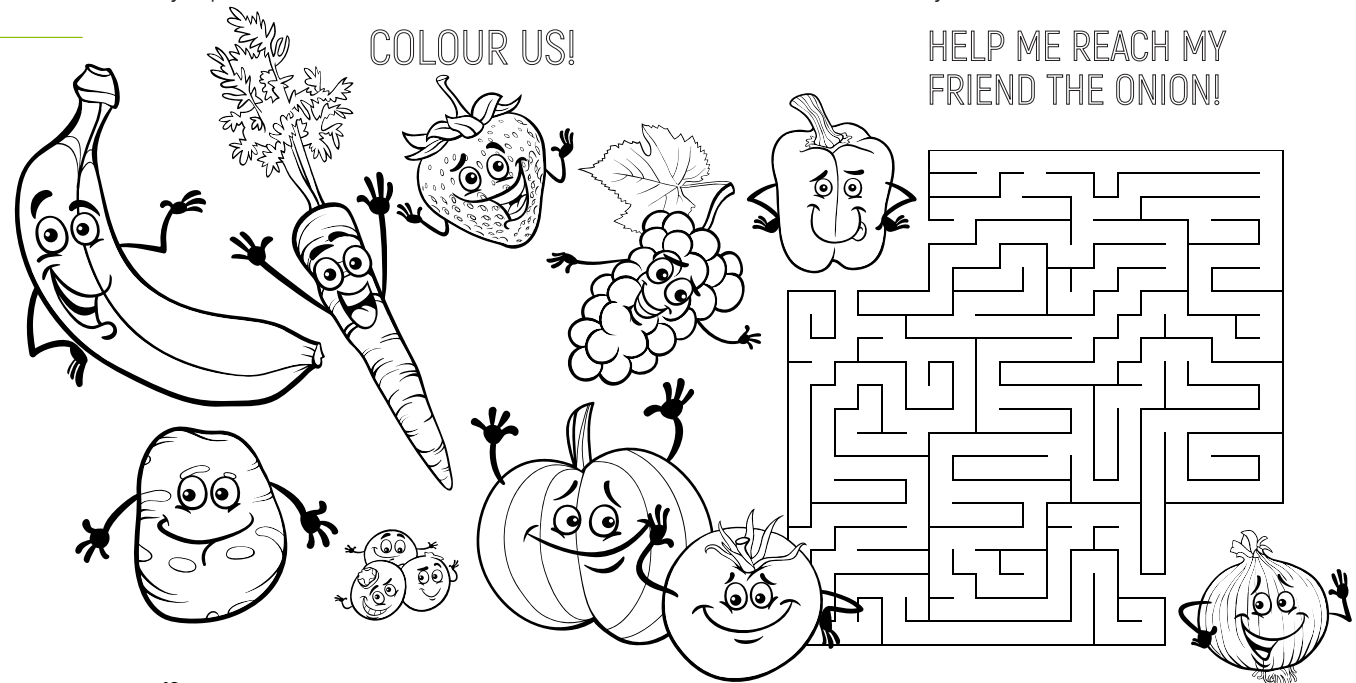
nut-free

### SMOOTHIE BOWL 10

fruit smoothie, granola, banana,  
kiwi, strawberry, maple syrup

gluten-free

## COLOUR US!



## HELP ME REACH MY FRIEND THE ONION!

## FIND ALL THE VEGETABLES IN THE WORD PUZZLE

BROCCOLI  
MUSHROOM  
CABBAGE  
BEANS  
LIME  
PEAS  
CORN  
POTATO

C	D	B	E	A	N	S	M
A	C	R	M	R	N	Z	U
B	P	O	T	A	T	O	S
B	K	C	D	Y	B	R	H
A	G	C	W	E	G	R	R
G	C	O	R	N	T	O	O
E	O	L	I	M	E	E	O
N	R	I	P	E	A	S	M

