

organic | vegan | local | quality | fresh | healthy | plant-based | sustainable | eco-conscious | community-focused | delicious

COLOUR US!

KIDS PANCAKE 8

berry compote, maple syrup, powdered sugar, whipped coconut cream | nut-free

KIDS BREAKFAST SANDWICH 8

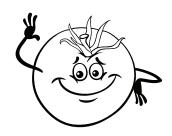
English muffin, scrambled tofu, tempeh strips, Green Goddess mozzarella, lettuce, tomato, wedges | nut-free | available gluten-free

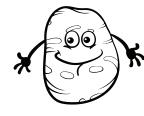
FARMER'S HELPER PLATE 8

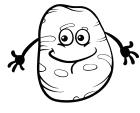
tofu scramble, fried potatoes, tempeh strips, toast | nut-free | available gluten-free

SMOOTHIE BOWL 8

Fruit smoothie, granola, banana, kiwi, strawberry, avocado, maple syrup | gluten-free | soy-free











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