

# LUNCH



organic | vegan | local | quality | fresh | healthy | plant-based | sustainable | eco-conscious | community-focused | delicious

## SOUPS & SALADS

### SOUP OF THE DAY 8

ask server for details. | *gluten-free*

### SOUP & SALAD COMBO 14

soup of the day with a house salad. | *gluten-free*

### PMK CHILI 12

our classic, house-made chili served with sour cream, cheese sauce, and green onions. | *gluten-free* | *nut-free*

## THE MOST POPULAR SALAD AT PMK



### NEW PMK SIGNATURE SALAD 18

arugula, spinach, kale, maple walnuts, dried cranberries, cherry tomatoes, toasted pumpkin seeds, onion, Green Goddess blue cheese, and maple-balsamic vinaigrette. add seared tofu +3. | *gluten-free*

### CAESAR SALAD 14

romaine, kale, tempeh bits, parmesan cheese, caesar dressing. add seared tofu +3. | *gluten-free* | *nut-free*

### TACO SALAD 16

romaine, bean chili, jalapeño salsa, sour cream, guacamole, cheese sauce, green onion, citrus vinaigrette and nacho chips. | *gluten-free* | *nut-free*

### COBB SALAD 18

romaine, seared tofu, sprouts, carrots, beets, cucumbers, tomatoes, red onion, avocado, Green Goddess blue cheese, and creamy cucumber dill dressing. | *gluten-free*

## DRESSINGS

### MAPLE BALSAMIC

| *gluten-free* | *nut-free*

### CREAMY CUCUMBER DILL

| *gluten-free* | *nut-free* | contains soy

### RED THAI CURRY

| *gluten-free* | *nut-free*

### CAESAR

| *gluten-free* | *nut-free* | contains soy

### CITRUS VINAIGRETTE

| *gluten-free* | *nut-free* | soy-free

### ASIAN SESAME VINAIGRETTE

| *gluten-free* | *nut-free*

## MAINS

### CREAMY MAC & CHEESE 14

house-made cheese sauce, kale chips, and parmesan cheese. | *available gluten-free* | *nut-free*

### NEW CREAMY MAC SUPREME 18

our popular mac & cheese with maple-glazed tempeh, crispy tofu, onions, red peppers, and sweet potato. add chili +4. | *available gluten-free* | *nut-free*

### NEW PMK FALAFEL 16

falafel, house-made pickles, jalapeño, romaine, tahini, tomatoes, red onions, hummus, and tzatziki, wrapped in a warm pita. | *available gluten-free on greens* | *nut-free*

### RAW BOWL 17

raw zucchini ribbons, sugar snap peas, bean sprouts, carrots, beets, kimchi, tomatoes, crispy kale, and choice of dressing. served on rice noodles or greens. | *gluten-free* | *nut-free* | *soy-free*

### NEW RICE BOWL 17

steamed rice with crispy tofu, cremini mushrooms, red peppers, sweet potato, onions, green onions, shredded carrots, sweet and sour sauce, and bean sprouts. | *available on zucchini ribbons* | *gluten-free* | *nut-free*

### NEW BEYOND MEAT SAUSAGE 18

Italian sausage served with sauerkraut, house pickles, red onion, tempeh bits, jalapeño peppers, ketchup & mustard. choice of side soup, caesar salad, or house salad. | *nut-free*

## THE CLASSIC PIZZA REIMAGINED



### NEW MARGHERITA FLATBREAD 17

pesto, tomato sauce, fresh basil, tomato Green Goddess mozzarella cheese. | *available gluten-free*

### NEW GRILLED CHEESE 18

Green Goddess mozzarella and cheddar cheese, pesto. choice of side soup, caesar salad, or house salad.

## BURGERS

all burgers served with choice of side soup, caesar salad, or house salad. | *available gluten-free on greens or on a gluten-free bun +2*

### 162 BURGER 18

beet and black bean patty, chao cheese, sautéed onions and mushrooms, tempeh strips, avocado mayo, lettuce, tomato, and sprouts. served on a bun or in a house-made tortilla. | *nut-free*

### SCOVILLE BURGER 18

beet and black bean patty, tomato, jalapeño chao cheese, toasted spicy cashews, and jalapeño salsa. served on a bun or in a house-made tortilla.

### NEW BISTRO BURGER 18

chickpea and mushroom patty, maple-glazed tempeh, lettuce, tomato, red onion, pickles, and tzatziki. served on a sesame seed bun. | *nut-free*

## VOTED BEST BURGER IN LDN



### VILLAGE VIBE BURGER 17

beet and black bean patty, onion jam, sour cream, hummus, sprouts, kale, and tomato. served on a bun or in a house-made tortilla. | *nut-free*

### NEW THE DINER CLASSIC 18

a Beyond Meat Burger, lettuce, tomato, onion, house-made pickles, organic ketchup, mustard, and mayo. served on a sesame seed bun. | *nut-free*

## PMK ADD-ONS | *gluten-free* +3

AVOCADO

MAPLE-GLAZED TEMPEH

SEARED TOFU

CHAO CHEESE

WE USE ORGANIC AND LOCALLY SOURCED INGREDIENTS AS OFTEN AS POSSIBLE. PLEASE DISCLOSE FOOD ALLERGIES TO SERVER.

ALL CHEESE PRODUCTS ARE NUT- OR SEED-BASED. ASK SERVER ABOUT TODAY'S DESSERTS.