

ENTRÉES

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SMOOTHIE BOWL 12
 Raw rolled oats soaked in apple cider & cinnamon, covered in fruit smoothie, fruit salad & granola.
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SPANISH OMELETTE 14
 A Spanish-style omelette made with spinach, chickpea flour, potato, onion & sweet pepper. Served with tempeh bacon & fresh greens.
- PMK WAFFLES** 12
 Three fluffy & crispy waffles, topped with butter, organic maple syrup, sweet coconut cream & fruit coulis.
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DAILY BREAKFAST BURRITO 15
 Freshly baked tortilla stuffed with a daily filling, topped with tomato sauce & sour cream. Served with butter-fried potatoes. Ask your server about this morning's burrito filling!
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HANGRY BURRITO DELUXE 18
 Roasted veggies, dirty beans, Spanish rice & scrambled tofu wrapped in a freshly baked tortilla with spicy tomato sauce, house-made cheese sauce & sour cream. Served with salsa, avocado & butter-fried potatoes.
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HUEVOS RANCHEROS 12
 Scrambled tofu with refried beans, salsa, guacamole, sour cream & cheese sauce. Served with corn chips.
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LOADED POTATO BOWL 14
 Roasted potatoes, sweet potatoes, seasonal veggies, onions & garlic. Sprinkled with nooch & hemp hearts. Served with salsa.
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MEGA BOWL 15
 Our two most ordered breakfast items: the Huevos Rancheros & Loaded Potato Bowl, combined into one mega bowl of breakfast goodness!
- TOFU SCRAMBLE SANDWICH** 12
 Scrambled tofu patty topped with Chao Cheese & smoky tempeh strips on a sprouted grain English muffin with tomato & avocado mayo. Served with a side salad, PMK pickles & kimchi.
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FARMERS PLATE 15
 Three slices of smoky tempeh strips with a generous helping of scrambled tofu, sliced fresh tomato, butter-fried potatoes, toast, avocado & salsa.
- SHARE PLATE** 32
 Can't decide? You don't have to! A great sampling of our breakfast favourites, for two.

SIDE DISHES

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| <ul style="list-style-type: none"> <li style="margin-bottom: 10px;"> 🌾 TOAST 3 <li style="margin-bottom: 10px;"> 🌾 TEMPEH BACON 3 <li style="margin-bottom: 10px;"> 🌾 HASH BROWNS 5 | <ul style="list-style-type: none"> <li style="margin-bottom: 10px;"> 🌾 SCRAMBLED TOFU 5 <li style="margin-bottom: 10px;"> 🌾 GUACAMOLE 5 <li style="margin-bottom: 10px;"> 🌾 FRUIT SALAD 6 |
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